



## Are you a Grieving Parent ?

If you, or someone you know, have a child who died, at any age, by any means, no matter how long ago – please join us for a

### One-Day Parental Grief Retreat Ardfert Retreat Centre Saturday, September 29, 2018 10:00 a.m. - 5:00 p.m.

The Emmaus Ministry for Grieving Parents serves the spiritual needs of grieving parents. It was founded in Massachusetts, United States by grieving parents after the loss of their son. Emmaus Parent Companions believe that “It is in consoling that we are consoled” and one of those parents is originally from Tralee and is bringing this retreat to Kerry.

With the searing loss of a child, a parent’s world radically and dramatically changes forever. Friends, relatives, and acquaintances do not know how to approach or console for fear of offending or upsetting the parent. Many parents feel that they are treated as if they have a contagious disease. In an attempt to seem normal, or “over it,” emotions are suppressed and the parent begins to withdraw or become distant. This reaction, however, compounds the feeling of being totally alone in this experience.

Please know as you read this, you are not alone.

Many well-intentioned attempts have been made to assist parents in recovering emotionally from their loss, including psychotherapy and support groups. However, in an attempt to be all inclusive and “politically correct”, the spiritual need or even existence of God is absent from many of these methods of treatment.

**We believe there is no healing without God.**

As C.S. Lewis wrote, “God cannot give us a happiness and peace apart from Himself, because it is not there. There is no such thing.”

Please give yourself the gift of this retreat, and the time to reflect on your child and your own spiritual journey.

Please visit [www.emfgp.org](http://www.emfgp.org) to learn about the ministry and to register. Pre-registration is strongly encouraged. Registration €35 per person, €50 per couple.

If you have any queries please contact Caroline Dunne

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or you may call 066 71 25129 and leave a message which will be returned.