

# Lent 2020

## For Grieving Parents Who Have Lost a Child of Any Age by Any Cause, No Matter How Long Ago

Presented by the Emmaus Ministry at St. Anthony Shrine.  
Serving the Spiritual Needs of Grieving Parents

**Saturday, March 28, 2020 9:30 am - 7:00 pm**

### ONE-DAY SPIRITUAL RETREAT

St. Anthony Shrine Friary, 100 Arch Street, Boston, MA 02110

Join other parents and the friars for a One-Day Emmaus Ministry Retreat.

Give yourself the gift of getting away for a day to focus on your spiritual journey after the death of your child. Share as much or as little as you like.

Experience peace and comfort in a safe, loving place, at least for a time. All are welcome. Dress is casual. **Pre-Registration required. See**

[www.emfgp.org](http://www.emfgp.org) or call 617-542-8057.

Cost: \$25 individuals; \$40 couples. Includes three meals, refreshments, and all retreat materials. Parking is available nearby at \$9/day.

### BROWN BAG LUNCH RETREAT

Losing a child is horrendous. Your life changes dramatically, irrevocably forever. Focusing on the spirituality of the grieving process can help. Bring a lunch; we provide beverages.

Free Will Offering.

**Monday, March 2, 2020 12:00pm - 1:00 pm**

**HOPE FOR GRIEVING PARENTS... IT'S POSSIBLE!**

#### SUSAN LOTT, JAMIS' MOTHER

*"It's not the fact that there is no joy in life. It is because there is no hope."*

A very simple and ordinary beautiful November day in Vermont soon turned horrific for Susan Lott, when she learned of the double murder of her precious son and her ex-husband. For years, her world cratered and she felt paralyzed. Now... She has found Hope. Come to this Brown Bag Lunch Retreat to hear how she did it.

For more information, call Diane, Paul's Mother, at 617-542-8057.