

# Virtual Retreats and Midweek Reflections

For grieving parents whose children of any age have died by any cause, no matter how long ago.

**Losing a child** under any circumstances is horrendous. Focusing on the spirituality of the grieving process can help tremendously.

Just as He comforted his grieving disciples on the road to Emmaus, Jesus comforts us and we comfort each other in this very special Catholic ministry.

With other Emmaus Parent Companions and Spiritual Leaders, find spiritual nourishment in a warm and loving place—to think, talk, feel and pray. Find compassion, rest and peace... at least for a time.

#### EMMAUS ONE-HOUR MIDWEEK REFLECTIONS AND DISCUSSIONS:

Join us for an hour of spiritual nourishment offered by an Emmaus Spiritual Leader, followed by a short discussion with other grieving parents who know somewhat of your pain.

**EMMAUS FIVE-HOUR VIRTUAL RETREATS:** Give yourself the gift of getting away from the rest of the world for an extended period of time to focus on your spiritual journey after the death of your child. Register for an Emmaus Ministry Virtual Five-Hour Spiritual Retreat, live on Zoom.

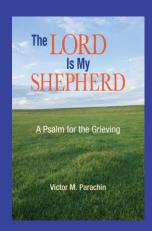
Offered via Zoom. Space is limited! <u>REGISTER TODAY!</u> Or see <u>www.emfgp.org</u> for more information.



Learn more at www.emfgp.org or call (800) 919-9332



## All are welcome



# THURSDAY MORNING PSALM 23 SHARING SESSIONS FOR GRIEVING PARENTS

Join other parents in reflecting on the depth of Psalm 23's meaning and its comfort for grieving parents.

March 4-11-18, 2021 10:30am-11:30am ET For More Information Registration Required

### Also Available

- Five-Hour Virtual Retreats
- <u>5-26 Midweek Reflection</u>