



*Serving the Spiritual Needs of Grieving Parents
Whose Children of Any Age Have Died by Any Cause,
No Matter How Long Ago*

**Your Emmaus Ministry
Remote Retreat Guide
February 13 , 2021
9:30am ET
(or a convenient time for you)**

Come to the Water

An Invitation to Grace



Preparation:

Ahead of time, we recommend you find a quiet place in your home where you can immerse yourself in this retreat. Have your child's Emmaus Memorial Candle (or other candle) available along with a lighter or matches.

Take several deep breaths to cleanse your thoughts and open yourself to wherever the Holy Spirit is calling you today several minutes before the retreat is scheduled to begin.

At 9:30am ET open your email and join other fellow Emmaus Parent Companions in getting away from the rest of the world, at least for a time, to focus on God and on your precious child.

CANDLE LIGHTING PRAYER (Light your candle)

We begin... In the name of the Father, the Son, and the Holy Spirit, Amen

Lord, you are the Light of the World. *Help us feel your presence in the lighting of this candle.*

Lord, you gave us the gift of our children. *Help us feel their presence in the lighting of this candle.*

Lord, you gave us the hope of eternal life. *Help us confirm that hope in the lighting of this candle.*

Lord, you gave us love. *Help us to know that, as much as we love our children, you love them even more.*

We ask you this through Christ, Our Lord
Amen.

OPENING SONG: [All Who Are Thirsty](#) by Vineyard Worship and Brenton Brown
Come, Lord Jesus, Come

PRAYER OF THOSE MAKING A RETREAT

Loving Spirit of Wisdom,
Guide my thoughts and my memories.

In the light of your love,
May I see what is important for me to remember,
What is important for me to hold to my heart,
And what I need to simply let go of in peace.

I trust you to be my guide,
Even when the path seems unclear to me.

We pray this in the name of Your Son, the Healer,
Our Lord, Jesus Christ.
Amen.

SCRIPTURE READING

Is 15:1-13

All you who are thirsty,
come to the water!

You who have no money,
come, buy grain and eat;

Come, buy grain without money,
wine and milk without cost!

Why spend your money for what is not bread;
your wages for what does not satisfy?

Only listen to me, and you shall eat well,
you shall delight in rich fare.

Pay attention and come to me;
listen, that you may have life.

I will make with you an everlasting covenant,
the steadfast loyalty promised to David.

As I made him a witness to peoples,
a leader and commander of peoples,

So shall you summon a nation you knew not,
and a nation that knew you not shall run to you,

Because of the Lord, your God,
the Holy One of Israel, who has glorified you.

Seek the Lord while he may be found,
call upon him while he is near.

Let the wicked forsake their way,
and sinners their thoughts;

Let them turn to the Lord to find mercy;
to our God, who is generous in forgiving.

For my thoughts are not your thoughts,
nor are your ways my ways—oracle of the Lord.

For as the heavens are higher than the earth,
so are my ways higher than your ways,
my thoughts higher than your thoughts.

Yet just as from the heavens
the rain and snow come down

And do not return there
till they have watered the earth,
making it fertile and fruitful,

Giving seed to the one who sows
and bread to the one who eats,

So shall my word be
that goes forth from my mouth;

It shall not return to me empty,
but shall do what pleases me,
achieving the end for which I sent it.

Yes, in joy you shall go forth,
in peace you shall be brought home;

Mountains and hills shall break out in song before you,
all trees of the field shall clap their hands.

In place of the thorn bush, the cypress shall grow,
instead of nettles, the myrtle.

This shall be to the LORD's renown,
as an everlasting sign that shall not fail.

The Word of the Lord.
Thanks be to to God.

REFLECTION #1: [God's Gift for You](#) by Bishop Robert Barron
"All who are thirsty, come to the water!" And what is the water? Divine life and ultimate joy.



Take a moment to pause... breathe... Reflect on what you have received from the Reflection. Clear your mind.

PRAYER

Come, all who are thirsty
Says Jesus, our Lord.

Come, all who are weak;
Taste the living water that I shall give.

Dip your hands in the stream;
Refresh your body and soul.
Drink from it; depend on it.

For this water will never run dry.

Come, all who are thirsty,
Says Jesus, our Lord.
Amen.

CLOSING HYMN: [Come to the Water](#) by John Foley
All who thirst... Come to the Lord, regardless of who you are or what you have.

CLOSING BLESSING

Let us end our time of retreat...united with Brother John Maganzini, OFM and the Franciscan Friars at Saint Anthony Shrine in Boston, MA, by blessing one another.

Bow your head, raise your right hand as, together, we pray,
Lord,

You are the Living Water that our souls need.

May we meet You...

In the heat of our day,

In the trials of our lives,

In the shame and guilt.

May we encounter your love, gentleness and acceptance in these moments.

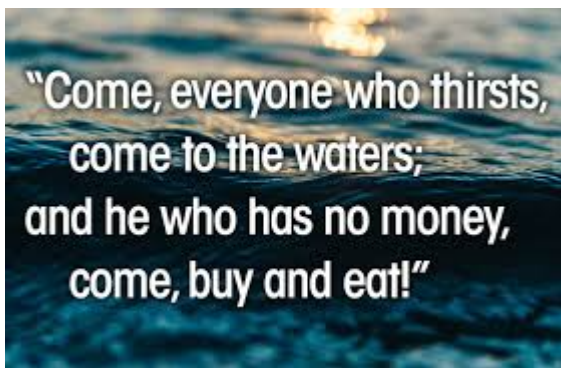
And may that Love become the source of new life in You.

We pray this as we bless each other in the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

FOR FURTHER REFLECTION:

- [All is Grace](#) by Ken Yasinski
This life that we have is a gift from God
- [Quenching Your Thirst with Living Water](#) by Catholic Daily Reflections



COMING UP!
FEB 17 MIDWEEK REFLECTION

THURSDAY MORNING PSALM 23 SHARING SESSIONS
JOIN US!

You will receive a new Emmaus Remote Retreat
email next Friday.

Please join your fellow
Emmaus Parent Companions
again next Saturday at 9:30am ET

Until then, may God bless you and keep you.
Sending many warm, virtual hugs

For past Remote Retreats, see [here](#).



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