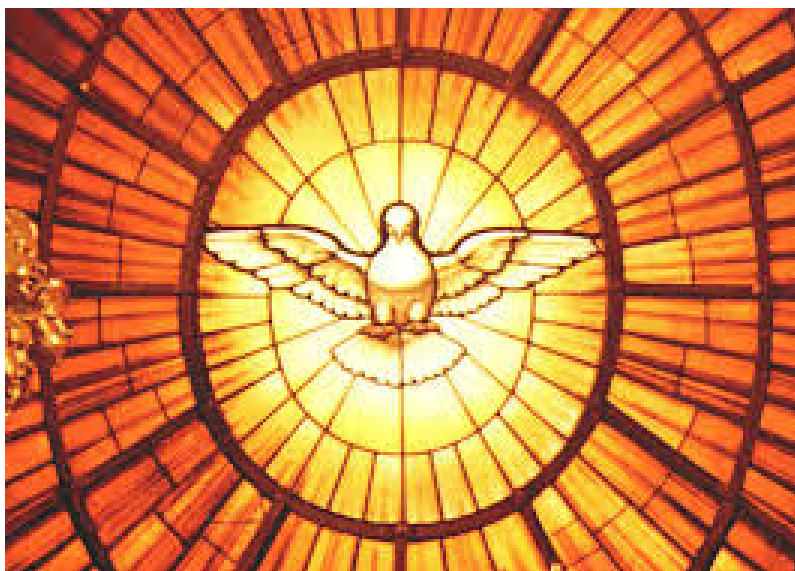




*Serving the Spiritual Needs of Grieving Parents
Whose Children of Any Age Have Died by Any Cause,
No Matter How Long Ago*

**Your Emmaus Ministry
Remote Retreat Guide
May 22 , 2021
9:30am ET**



COME, HOLY SPIRIT!

PENTECOST, 2021

At Emmaus Ministry Retreats, if you are open...

Participating in either a physical or a virtual Emmaus Ministry retreat means entering into the realm of the Holy Spirit.

What takes place at these retreats has nothing to do with the people involved or preparations made, but everything to do with the Holy Spirit who is at work and in charge.

Through Him at these retreats, we encounter our God; we encounter our children; and we encounter where we are in our spiritual journey.

In this Saturday Morning Remote Retreat, we again invoke the Holy Spirit to be among us, to help us in our pain, and to empower us to feel the presence of our children this day.

Preparation:

Ahead of time, we recommend you find a quiet place in your home where you can immerse yourself in this retreat. Have your child's Emmaus Memorial Candle (or other candle) available along with a lighter or matches.

Take several deep breaths to cleanse your thoughts and open yourself to wherever the Holy Spirit is calling you today several minutes before the retreat is scheduled to begin.

At 9:30am EDT (our normal retreat beginning time) open your email and join other fellow Emmaus Parent Companions in getting away from the rest of the world, at least for a time, to focus on God and on your precious child.

CANDLE LIGHTING PRAYER (Light your candle)

We begin... In the name of the Father, the Son, and the Holy Spirit, Amen

Lord, you are the Light of the World. *Help us feel your presence in the lighting of this candle.*

Lord, you gave us the gift of our children. *Help us feel their presence in the lighting of this candle.*

Lord, you gave us the hope of eternal life. *Help us confirm that hope in the lighting of this candle.*

Lord, you gave us love. *Help us to know that, as much as we love our children, you love them even more.*

We ask you this through Christ, Our Lord
Amen.

OPENING SONG: Veni Creator Spiritus

based on the Graduale Romanum, with the English translation by James D. Quinn.
Come, fount of life; come, flame of love

PRAYER OF THOSE MAKING A RETREAT

Loving Spirit of Wisdom,
Guide my thoughts and my memories.

In the light of your love,
May I see what is important for me to remember,
What is important for me to hold to my heart,
And what I need to simply let go of in peace.

I trust you to be my guide,
Even when the path seems unclear to me.

We pray this in the name of Your Son, the Healer,
Our Lord, Jesus Christ.
Amen.

SCRIPTURE READING

Acts 2:1-11

When the time for Pentecost was fulfilled,
they were all in one place together.
And suddenly there came from the sky
a noise like a strong driving wind,
and it filled the entire house in which they were.

Then there appeared to them tongues as of fire,
which parted and came to rest on each one of them.
And they were all filled with the Holy Spirit
and began to speak in different tongues,
as the Spirit enabled them to proclaim.

Now there were devout Jews from every nation under heaven staying in Jerusalem. At this sound, they gathered in a large crowd, but they were confused because each one heard them speaking in his own language.

They were astounded, and in amazement they asked, "Are not all these people who are speaking Galileans? Then how does each of us hear them in his native language?"

We are Parthians, Medes, and Elamites,
inhabitants of Mesopotamia, Judea and Cappadocia,
Pontus and Asia, Phrygia and Pamphylia,
Egypt and the districts of Libya near Cyrene,
as well as travelers from Rome, both Jews and converts to Judaism, Cretans and Arabs, yet we hear them speaking in our own tongues of the mighty acts of God."

The Word of the Lord.
Thanks be to you, Lord Jesus Christ.

REFLECTION #1: [A.D. The Bible Continues: The Day of Pentecost](#) by Roma Downey, Mark Burnett, and Richard Bedserhttps
What happened then continues to happen to us today and every day--if we are open.



Take a moment to selah... pause... breathe... Reflect on what you have received from Reflection #1. Clear your mind before focusing on Reflection #2.

REFLECTION #2: [Pentecost Catholic--Forever Changed](#) by Ken Yasinski
*Let us rediscover the baptism of the Holy Spirit. Go to the Holy Spirit and ask... **Holy Spirit, Come Now.***

PRAYER

Breathe in me, O Holy Spirit,
That my thoughts may all be holy.

Act in me, O Holy Spirit,
That my work, too, may be holy.

Draw my heart, O Holy Spirit,
That I love but what is holy.

Strengthen me, O Holy Spirit,
To defend all that is holy.

Guard me, then, O Holy Spirit,
That I always may be holy.
--St. Augustine

CLOSING HYMN: [Come, Holy Spirit](#) by Monica Brown
[Note: Song starts at :56]
Warm with your love the chill that pains our hearts.

CLOSING BLESSING

Let us end our time of retreat...united with Brother John Maganzini, OFM and the Franciscan Friars at Saint Anthony Shrine, by blessing one another.

Raise your right hand and, together, let us virtually give this Blessing:

Holy Spirit of light and love, please hear our prayer...

May you give us a strong and loving faith.

May you grant us certain hope in all divine promises.

May you help us abandon ourselves to you and your guidance.

May you infuse in us a love of perfect goodwill.

May you help us love not only our friends, but our enemies as well, in imitation of Jesus Christ.

May you animate, inspire, and guide us and help us to always be true followers of you.

We ask this as we bless each other...

In the name of the Father, the Son, and the Holy Spirit.

Amen.



ADDITIONAL RESOURCES

- [The Cenacle \(Upper Room\) Holy Land Video](#)

This short video shows what could be the location of the original "Upper Room" in the Holy Lands.

- [Wild Fire Unleashed](#)

by Fr. Jeff Mickler, SSP

The Holy Spirit... A Wild Fire

All things are possible with the Spirit of God



ARE YOU BEING CALLED?

**COMING SOON!
2021 Virtual and
In-Person Retreats**

[PLEASE JOIN US! FOR
MORE INFORMATION-
OR TO REGISTER,-
CLICK HERE.](#)

You will receive a new email next Friday.

Please join your fellow

Emmaus Parent Companions

again next Saturday at 9:30am EDT

Until then, may God bless you and keep you.

Sending many warm, virtual hugs



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