



***Serving the Spiritual Needs of Grieving Parents
Whose Children of Any Age Have Died by Any Cause,
No Matter How Long Ago***

**Your Emmaus Ministry
Remote Retreat Guide
June 5, 2021
9:30am ET**



***SIGN OF THE CROSS
The Shortest Prayer
Indelible Mark of the Catholic Faith***

Preparation:

Ahead of time, we recommend you find a quiet place in your home where you can immerse yourself in this retreat. Have your child's Emmaus Memorial Candle (or other candle) available along with a lighter or matches.

Take several deep breaths to cleanse your thoughts and open yourself to wherever the Holy Spirit is calling you today several minutes before the retreat is scheduled to begin.

At 9:30am EDT (our normal retreat beginning time) open your email and join other fellow Emmaus Parent Companions in getting away from the rest of the world, at least for a time, to focus on God and on your precious child.

CANDLE LIGHTING PRAYER (Light your candle)

We begin... In the name of the Father, the Son, and the Holy Spirit, Amen

Lord, you are the Light of the World. *Help us feel your presence in the lighting of this candle.*

Lord, you gave us the gift of our children. *Help us feel their presence in the lighting of this candle.*

Lord, you gave us the hope of eternal life. *Help us confirm that hope in the lighting of this candle.*

Lord, you gave us love. *Help us to know that, as much as we love our children, you love them even more.*

We ask you this through Christ, Our Lord
Amen.

OPENING SONG:
[God in Three Persons](#) by Swift Passage Ministry
Early in the morning our song shall rise to thee

PRAYER OF THOSE MAKING A RETREAT
Loving Spirit of Wisdom,
Guide my thoughts and my memories.

In the light of your love,
May I see what is important for me to remember,
What is important for me to hold to my heart,
And what I need to simply let go of in peace.

I trust you to be my guide,
Even when the path seems unclear to me.

We pray this in the name of Your Son, the Healer,
Our Lord, Jesus Christ.
Amen.

SCRIPTURE READING

Mt 28:16-20

The eleven disciples went to Galilee,
to the mountain to which Jesus had ordered them.

When they all saw him, they worshiped, but they doubted.

Then Jesus approached and said to them,
"All power in heaven and on earth has been given to me. Go, therefore, and make
disciples of all nations, baptizing them in the name of the Father, and of the Son, and
of the Holy Spirit, teaching them to observe all that I have commanded you.

And behold, I am with you always, until the end of the age."

The Gospel of the Lord.
Praise be to you, Lord Jesus Christ.

REFLECTION #1: [Why Do Catholics Make the Sign of the Cross?](#) by Fr.
Socrates Villegas, Archdiocese of Lingayen Dagupan, Philippines
The sign of the cross is a sign that God loves me and I love God.



Take a moment to selah... pause... breathe... Reflect on what you have received from
Reflection #1. Clear your mind before focusing on Reflection #2.

REFLECTION #2: [The Sign of the Cross](#) by Quid Verum - Catholic Apostolate:
The Canon
*In making the sign of the cross, we witness to our Catholic Faith, unite ourselves with
the Trinity, and profess our allegiance to Christ.*

PRAYER

PREFACE
It is truly right and just, our duty and our salvation, always and everywhere to give you
thanks, Lord, holy Father, almighty and eternal God.

For with your Only Begotten Son and the Holy Spirit you are one God, one Lord: not in
the unity of a single person, but in a Trinity of one substance.

For what you have revealed to us of your glory we believe equally of your Son and of the
Holy Spirit, so that, in the confessing of the true and eternal Godhead, you might be
adored in what is proper to each Person, their unity in substance, and their equality in
majesty.

For this is praised by Angels and Archangels, Cherubim, too, and Seraphim, who never
cease to cry out each day,

Holy, Holy, Holy,
Lord, God of power and might.
Heaven and earth are filled with Your glory.
Hosanna in the highest.
Blessed is He who comes in the name of the Lord.

CLOSING HYMN: [Three As One](#) by 12 Preludes
Three as One. One as Eternal.

CLOSING BLESSING

Let us end our time of retreat...united with Brother John Maganzini, OFM and the Franciscan Friars at Saint Anthony Shrine, by blessing one another.

Raise your right hand and, together, let us virtually give this Blessing:

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and shall be forever, world without end...

We sing these praises today as we invoke the Holy Trinity and bless each other in the name of the Father and of the Son nd of the Holy Sprit

Amen.



ADDITIONAL RESOURCES

• [O Triune God](#) Song by Ken Canedo
Inflame our hearts with your desire: No greater joy could love require,

[A Really Powerful Prayer](#) by Fr. Brad, Coffee Talk, Catholic LifeTV
It shows Jesus' sacrifice and love for us on the cross, and also the persons of the Holy Trinity. Our entire faith is wrapped up in this one prayer.



NEW! COMING SOON!
2021 In-Person Retreats

[PLEASE JOIN US!](#)
[FOR MORE INFORMATION](#)
[--OR TO REGISTER, CLICK HERE.](#)

You will receive a new email next Friday.
Please join your fellow
Emmaus Parent Companions
again next Saturday at 9:30am ET

Until then, may God bless you and keep you.
Sending many warm, virtual hugs



c/o 194 Bishops Forest Drive Waltham, MA 02452
Copyright © 2021 [emfgp.org](#) all rights reserved.
[unsubscribe](#)| [emfgp.org](#) | [info@emfgp.org](#) | +1 800 919 9332