



## Spiritual Retreats for Grieving Parents Join US!

**A Catholic Ministry that, since 2008, has been serving the spiritual needs of parents whose children of any age have died by any cause, no matter how long ago.**

Losing a child under any circumstances is horrific. Focusing on the spirituality of the grieving process can help tremendously.

Just as He comforted his grieving disciples on the road to Emmaus, Jesus comforts us, and we comfort each other, in this very special Catholic ministry.

With Grieving Emmaus Parent Companions and Spiritual Leaders, parents find spiritual nourishment in a warm and loving place—to think, talk, feel and pray. They find compassion, rest, peace, and hope... at least for a time.

We are currently working with Catholic dioceses all over the United States--and searching for many more--to bring this powerful ministry to grieving parents everywhere, and to ensure that it continues indefinitely.



**The Emmaus Ministry for Grieving Parents**  
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## All Are Welcome

All Emmaus Ministry programs are open to grieving parents whose children of any age have died by any cause, no matter how long ago.

By focusing on their spiritual journeys and these rich teachings of the Catholic Church, parents find peace, comfort--and hope:

*Life for our children has changed, not ended. Our children are eternal beings, who will live forever. It is possible to have a vibrant relationship with our children, even now. We live in certain hope of seeing our children again.*

### IN-PERSON RETREATS

- One-Day Spiritual Retreats
- Weekend Spiritual Retreats

### VIRTUAL RETREATS

- Five-Hour Virtual Retreats
- One-Hour Monthly Midweek Gathering Retreats
- Half-Hour Weekly Saturday Morning Remote Retreats

### ONGOING OTHER PROGRAMS

- Emmaus Compassion Outreach Program (newly bereaved )
- Monthly *In Loving Memory* Emails
- Holiday Emails
- One-to-One Spiritual Support
- Local Onsite Spiritual Support