

Spiritual Retreats for Grieving Parents Join Us!

A Catholic Ministry serving the spiritual needs of parents whose children of any age have died by any cause, no matter how long ago

Losing a child under any circumstances is horrendous. Focusing on the spirituality of the grieving process can help tremendously.

Just as He comforted his grieving disciples on the road to Emmaus, Jesus comforts us and we comfort each other in this very special Catholic ministry.

With other Emmaus Parent Companions and Spiritual Leaders, find spiritual nourishment in a warm and loving place—to think, talk, feel and pray. Find compassion, rest and peace... at least for a time.

Space is limited! When maximum number is reached, registration will close. For more information or to register, see **www.emfgp.org** today!



Learn more at www.emfgp.org or call (800) 919-9332

All are welcome



CATHOLIC CEMETERIES

ONE-DAY SPIRITUAL RETREAT

APRIL 29, 2023 9:30am-6:30pm at

Convent of St. Birgitta Retreat House 4 Runkenhage Rd. Darien, CT 06820

Cost:

No cost, courtesy of Catholic Cemeteries of the Diocese of Bridgeport

Give yourself the gift of time to focus on your spiritual journey, to focus on questions, such as

Where is God in my pain...
Where is my child now...
How can my faith help me...
Where do I go from here?

All retreat sessions are optional. Share as much or as little as you like. Nothing is required.

For more information, call Carolyn Killian at 203-404-0023 or

Diane Monaghan, Paul's Mother at 800-919-9332

SPACE IS LIMITED

REGISTER TODAY
TO ENSURE YOUR SPACE!