SEVEN SORROWS OF MARY DEVOTION



Our Lady of Sorrows grants seven graces to those who honor her daily by meditating on her seven sorrows, as revealed to St. Bridget.



SEVEN GRACES OF MARY

- 1. I will grant peace to their families.
- 2. They will be enlightened about the divine mysteries.
- 3. I will console them in their pains and I will accompany them in their work.
- I will give them as much as they ask for as long as it does not oppose the adorable will of my divine Son or the sanctification of their souls.
- I will defend them in their spiritual battles with the infernal enemy and I will protect them at every instant of their lives.
- 6. I will visibly help them at the moment of their death; they will see the face of their mother
- 7. I have obtained this grace from my divine Son, which those who propagate this devotion to my tears, will be taken directly from this earthly life to eternal happiness, since all their sins will be forgiven, and my Son and I will be their eternal consolation and joy.

SEVEN SORROWS OF MARY

Say one Hail Mary while meditating on each sorrow.

- 1. The prophecy of Simeon.
- 2. The flight into Egypt.
- 3. The loss of the Child Jesus in the temple.
- 4. Mary meets Jesus on the Way of the Cross.
- 5. Mary witnesses the crucifixion and death of her Son.
- 6. Jesus is taken down from the cross and laid in Mary's arms.
- 7. Mary witnesses the burial of Jesus.

HAIL MARY, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.